



**RESPECT Ø RESPONSIBILITY Ø CARING Ø TRUST**  
**= Manor's Manners**



**This week's attachments to the Manor Newsletter are:**

- **Lice Policy/Procedures and Tips**
- **Social Media Parent Education Workshop**

### **Used bikes needed to donate to families of modest means**

Drake High and White Hill Middle school students, in partnership with Teens Go Green of Safe Routes to Schools, is hosting a bike donation event to collect used bikes that will be refurbished and given to families who cannot afford one. Please consider donating your old bikes on **January 15 from 9:00 – 1:00 at the old Albertson's parking lot across from the Fair Anselm Plaza on Center Blvd in Fairfax.** Bikes in any condition accepted; used bikes will later be restored by San Quentin inmates and returned to the Safe Routes program for distribution to families who cannot afford one.

Please support our clubs' project to recycle bikes and help others of modest means in a countywide effort to reduce our **carbon footprint** and to increase physical well-being.

A receipt for tax purposes provided upon request. Contact [gwen@marinbike.org](mailto:gwen@marinbike.org) for an alternative drop off arrangement if you cannot make it to the Jan. 15 event.

## **C A L E N D A R**

### **January 2010**

Thurs. 1/13 – Kindergarten Orientation, 6:30 in Manor Library

**Mon. 1/17 – MLK Day, No School**

Thurs. 1/20 – MAP Orientation, 6:30 in Library

Wed 1/26 – FLO Speaker Series – Andrew Bailey – Wade Thomas Multi-purpose room 7 – 9 pm

#### **PTA/School Combined Calendar:**

View the entire year online at [www.manorpta.org](http://www.manorpta.org). Click the link that says: PTA/School Calendar

[www.rossvalleyschools.org/vnews/](http://www.rossvalleyschools.org/vnews/)

Newsletter submissions can be sent to [manorschool@rossvalleyschools.org](mailto:manorschool@rossvalleyschools.org). Items will be included in the following week's edition contingent upon available space.

## **Flexible Learning Opportunities Group (FLO)**

FLO is designed to support and educate parents of unique learners (whether their children receive services through the district or not).

FLO has Andrew Bailey coming on Jan. 26th in the Wade Thomas Multi-Purpose Room from 7-9pm, to talk with parents about Social and Behavior Skills at school as part of our speaker series. This is open to everyone!

## **“COMMUNITY INFORMATION” MONTH OF JANUARY 2011**

**RVSD happenings, various community programs, services and other opportunities.**

### **DISTRICT OFFICE HOURS**

Monday – Thursday

Open: 8 am to 12 noon / Open: 2 pm to 4 pm

Closed Friday

### **ALL DISTRICT SITES CLOSED ON THE FOLLOWING DATES**

Martin Luther King Day: Mon., Jan. 17

President's Days: Mon., Feb. 21 & Fri., Feb. 25

Local Recess: Tues., Feb. 22, Wed., Feb. 23, & Thurs., Feb. 24

### **RVSD BOARD MEETINGS**

(All meetings are held at the District Office, 110 Shaw Drive, San Anselmo - Board Conference Room / Check website for updates)

- |  |                        |                            |                             |
|--|------------------------|----------------------------|-----------------------------|
| • <b><u>Board Meeting / Open Session</u></b>   | <b>Tues., 1/18/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Special Board Meeting</u></b>          | <b>Sat., 1/22/11</b>   | <b>9:30 am to 12:30 pm</b> | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting / Open Session</u></b>   | <b>Tues., 2/08/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Special Board Meeting</u></b>          | <b>Tues., 2/15/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting/ Open Session</u></b>    | <b>Tues., 3/01/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting / Open Session</u></b>   | <b>Tues., 3/22/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting/ Open Session</u></b>    | <b>Tues., 4/05/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting / Open Session</u></b>   | <b>Thurs., 4/28/11</b> | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting / Open Session</u></b>   | <b>Tues., 5/10/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting/ Open Session</u></b>    | <b>Tues., 5/24/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Golden Bell Education Ceremony</u></b> | <b>Thurs., 5/26/11</b> | <b>Starts at 4:30 pm</b>   | <b>Dominican University</b> |
| • <b><u>Board Meeting / Open Session</u></b>   | <b>Tues., 6/14/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |
| • <b><u>Board Meeting/ Open Session</u></b>    | <b>Tues., 6/28/11</b>  | <b>Starts at 7:00 pm</b>   | <b>DO Conference Rm.</b>    |

For a board agenda and all supporting documents please visit <http://rvsd.csbaagendaonline.net> or pick-up a copy at the District Office.  
(Note: Agenda and board packet information are available 72 hours prior to each meeting.) Questions: Call 415.454.2162 or e-mail [superintendent@rossvalleyschools.org](mailto:superintendent@rossvalleyschools.org).

### **OTHER RVSD MEETINGS / EVENTS**

(Visit the link below)

<http://www.rossvalleyschools.org/calendar>

## **COMMUNITY LINKS**

- **San Anselmo Recreation Department /Stay N' Play After School Enrichment Program/Winter Session (see attached blurb)**: For questions and more information on current class schedules, how to register, etc. contact the San Anselmo Recreation Dept., 1000 Sir Francis Drake Blvd, San Anselmo at Tel. 415.258.4640/Fax. 415.455.8229 or online at [www.townofsananselmo.org/](http://www.townofsananselmo.org/). *Note: Fees involved.*
- **Town of San Anselmo News**: For information on the happenings in the Town of San Anselmo log-on to [www.townofsananselmo.org](http://www.townofsananselmo.org).
- **PATCH**: For local news - <http://sananselmofairfax.patch.com>

## **COMMUNITY ANNOUNCEMENT**

- **MCOE Workshop: Student Use of Facebook and Other Social Media**: Tuesday, February 1 from 7-8 pm at the Marin County Office of Education (1111 Las Gallinas Avenue, San Rafael, CA). See attached flyer.
- **The 34<sup>th</sup> Annual Bay Area Environmental Education Resource Fair (BAEER) – Sponsored by the Lawrence Hall of Science**: Saturday, January 22 at the Marin Center Exhibit Hall, San Rafael, CA. For more information call 510.657.4847 or visit [www.baeerfair.org](http://www.baeerfair.org) . *Note: Fees Involved*

## **COMMUNITY ACTIVITIES / SPORTS ACTIVITIES / ETC.**

- **Dave Fromer's 26<sup>th</sup> Winter Indoor Soccer League 2011 Season**: January 8 – March 6, Boys & Girls Ages 4-18. Register online at [www.DaveFromerSoccer.com](http://www.DaveFromerSoccer.com) or call 415.383.0320. *Note: Fees Involved*
- **Drake High School Cheer Clinic**: Saturday, January 8 from 9 am to 12 noon in the Drake High School Student Center. For future cheerleaders ages 3-14. For more information: Coach Christian Friese at 415.823.9531 or [christian3255@yahoo.com](mailto:christian3255@yahoo.com). *Note: Fees Involved*
- **San Anselmo's Girls Softball Registration**: Sign-up online at [sananselmorecreation.org](http://sananselmorecreation.org). *Note: Fees Involved*

# ***Student Use of Facebook and Other Social Media***

## ***A Parent Education Workshop***

The Marin County Office of Education will present a workshop to educate parents and school staff on the impact of social networking, both good and bad, on our children. Digital media and technology play an enormous role in the lives and learning of our children. Kids today spend 45 hours per week with media and technology and some media messages and content can be harmful or inappropriate for kids of different ages.



This workshop aims to empower parents, teachers and children to take control of technology to ensure a safe learning environment. Age-based media reviews and information will be provided so that parents can make smart choices about the media in their student's lives.

**February 1, 2011  
7:00 p.m. – 8:30 p.m.  
Marin County Office of Education  
1111 Las Gallinas Avenue  
San Rafael**

This workshop will be presented by Rebecca Randall, Vice President of Education Programs, Common Sense Media, a 501(c)(3) nonprofit dedicated to improving the lives of kids and families by providing trustworthy information, education and independent voice they need to thrive in a world of media and technology.

**Please RSVP to:**

Dan Zaich, Coordinator

Safe Schools and Prevention Programs

Phone: (415) 499-5816 ♦ Email: [safeschools@marin.k12.ca.us](mailto:safeschools@marin.k12.ca.us)

Translations services are available. Please contact us if you require these services.



Mary Jane Burke  
Marin County Superintendent of Schools

# ***Los estudiantes y el uso de Facebook y otros medios sociales Taller de capacitación para padres***

La Oficina de Educación del Condado de Marin presentará un taller de capacitación para padres y personal escolar sobre el impacto de las redes sociales, ambos bueno y malo, en nuestros niños. Los medios digitales y la tecnología juegan un enorme rol en las vidas y el aprendizaje de nuestros niños. Los niños pasan hoy 45 horas por semana en los medios y la tecnología, y algunos mensajes y contenido de los medios pueden ser perjudiciales o inapropiados para niños de diferentes edades.



Este taller enseñará a padres, maestros y niños a tomar control de la tecnología para asegurarse un ambiente de aprendizaje sin peligros. Se proporcionará información y reseñas de los medios por edades para que los padres puedan hacer decisiones inteligentes con respecto a los medios en la vida del estudiante.

**Martes 1º de febrero, 2011  
de 7 a 8:30 PM  
Oficina de Educación del Condado de Marin  
1111 Las Gallinas Avenue  
San Rafael**

Este taller será presentado por Rebecca Randall, Vice Presidenta de Educación de los Programas de Common Sense Media, a501(c)(3), una organización sin fines lucrativos dedicada a mejorar la vida de los niños y las familias proporcionando información confiable, educación y esa voz independiente que ellos necesitan para poder crecer bien en un mundo de medios y tecnología.

**Reserve su espacio llamando a:**

Dan Zaich

Coordinador de los Programas de Prevención y Escuelas Seguras  
Teléfono: (415) 499-5816 ♦ Email: [safeschools@marin.k12.ca.us](mailto:safeschools@marin.k12.ca.us)

Servicios de traducción disponibles. Por favor llámenos si necesita estos servicios.



Mary Jane Burke  
Superintendente de las escuelas de Marin

## Keep Head Lice Away

This article is just a reminder to help prevent your child from becoming infested with head lice. Any time children come together, particularly at a social gathering like Little League or sleep over parties, head lice cases commonly increase. Please encourage your child not to share or trade personal items such as hats, combs, brushes, headbands, barrettes, as well as helmets or headphones with foam ear protectors.

Direct, physical, head-to-head contact is the usual method of transmission. Lice do not jump, fly or swim. They are, however, good crawlers. Check your child's head weekly for lice and/or nits (eggs). Mature lice, which are no bigger than a sesame seed, avoid light and are hard to see. Lice eggs or "nits" are usually found close to the scalp- within ½ inch. They appear as tiny gray-whitish ovals that are "glued" to the hair shaft. They cannot easily be flicked away as dandruff can. Head lice do not transmit disease and are not a serious medical condition. They cannot survive on your pets.

If you find head lice on your child, please notify the school and keep him or her home until properly treated. Also notify the parents of your child's close friends. Continue to examine all family members **daily** for 3 weeks and treat if live lice or nits are found.

For more information regarding head lice or its treatment, feel free to contact me, Nurse Laurel @ 451-4078 &/or consult "The Control and Treatment of Head Lice" brochure, available at: <http://www.marinschools.org/Health/Communicable/HeadLiceEnglish.pdf>. You may also get a brochure in the school office.

## Lice Procedures

In the interest of keeping lice well controlled, please read the following procedures in the event of lice cases. The procedures are consistent with Board Policy and Administrative Regulations.

- If you suspect that a student has lice, please send them to the office. Nurse Laurel or another staff member will check the student for lice.
- Students with live lice are sent home and parents are given information on treating the lice.
- Students may return to school when they have been treated. *Students who have been treated, but still have nits, may return to school.*
- If a classroom has 2 or more cases of lice, then a lice check will take place of all students in that class by a parent. Parents need to sign a confidentiality form and get the kit from the office
- If a case of lice is found by the parents, they should let the Manor office know. This way we know if additional steps need to be taken in the effected classrooms.
- Nurse Laurel will train the parents on Mondays when she is here.

## **Head Lice: Every Parent's Concern**

Head lice are a common problem and concern among many parents. Chances are you will receive a note reporting a case of head lice in your child's classroom at one time or another. Every year in the United States, 6 to 12 million school-aged children get head lice.

Fortunately, head lice are not a serious medical problem, and they do not carry any diseases. Anyone can get head lice. Despite what many people may think, head lice are not a sign of poor hygiene or an unclean home environment.

It can be difficult to tell if your child has an active case of head lice. However, you should know that the most common symptom of head lice is itching, especially behind the ears or at the back of the neck. **Parents should check their children, for head lice, on a regular basis to help prevent the spread of lice in school.**

### How to check for head lice

- Seat your child in a brightly lit room, in an area where you can easily examine the head from different angles.
- Part the hair and look at your child's scalp. Nits will look like small white or yellow-brown specks. They will be firmly attached to the hair. Nits may be easier to see at the hairline at the back of the neck or behind the ears. Live lice will move quickly away from the light.
- Comb through your child's hair in small sections using a fine-tooth comb. After each comb-through, wipe the comb on a wet paper towel. Examine the scalp, comb, and paper towel carefully.

You may need to use a magnifying glass. It is often difficult to tell the difference between dandruff or other hair debris and nits. However, dandruff is much easier to comb out of the hair while nits are much harder to remove. \*

**If you discover head lice in your family, please notify the school.** If you have any questions about diagnosis or treatment please call me and I'll be glad to help.

Laurel Yrun, RN  
School Nurse  
451-4078

\* *"Head Lice: Every Parent's Concern" by the American Academy of Pediatrics*